



Co-designed process evaluation: The Mind Australia Recovery College



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The Team

The Investigators:

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Mind Recovery College Evaluation Advisory Group

Sue Belmore – Consumer researcher
Dianne Hardy – MRC Director
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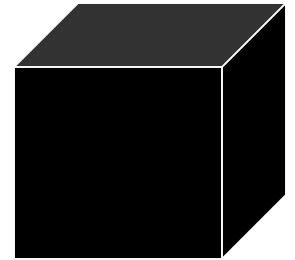


1. What is co-designed process evaluation?
2. Mind Australia Recovery College
3. Approach to evaluation
4. Findings
5. Recommendations
6. Limitations of evaluation
7. Summary



(1) What is a process evaluation?

- Reaction to black box evaluation
- identify processes involved in the implementation of a service



(World Health Organisation. 2000, Centers for Disease Control and Prevention. 2012)

- understand experiences of service → interpretation of outcomes (Buckby, 2012)



(2) Why co-design a process evaluation?

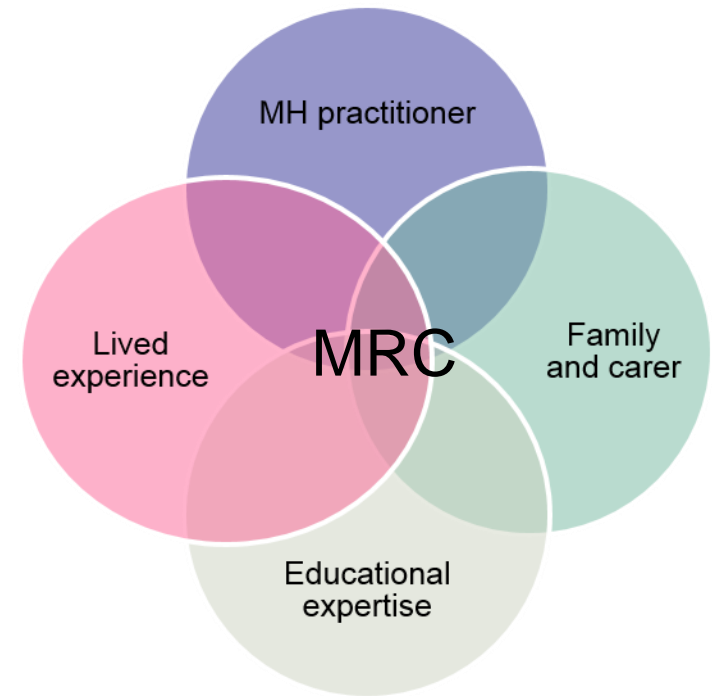
- Consumer-centred and recovery-orientated practice and research (Buckby, 2012; Petrakis et al., 2014; Ning, 2010)
- Identification of processes relevant to multiple stakeholders
- Way of fostering collaboration between different stakeholders to translate into practice





What is the Mind Australia Recovery College?

- Co-production meets education framework
- Since 2013
- Main campus in Cheltenham; satellite campuses in Wangaratta and Benalla (rural)
- University of Melbourne commissioned to conduct independent evaluation



Our approach to co-design

Stage 1:
**Program Logic
and Evaluation
Plan**

Stage 2:
**Experience of students, families
and carers, staff and community
stakeholders**

September 2015

November 2015

December 2015

Consultation with students,
carers, MRC and Mind staff

Evaluation Advisory Group

Consultation with
students & carers ($n=15$)



Methodology

Documentation analysis

Jan – March 2016

Inclusion criteria:
Current or past student,
carer, facilitator, staff
member of the MRC,
Mind, community
stakeholder

Individual interviews:

1. Students
2. Family and carers
3. MRC Staff
4. Community stakeholder

March – April 2016

Survey:

1. Students
2. Family and carers
3. MRC Staff
4. Community stakeholder

Focus group:

1. Students
2. Family and carers





Standardised measures

– Satisfaction

- Mind Australia Satisfaction Survey (MASS)

– Recovery orientation of the service

- Developing Recovery Enhancing Environments Measure (DREEM) (Dinnis, Roberts, Hubbard, Hounsell, & Webb, 2007)

– Recovery-oriented impacts

- Inclusion web (Hacking & Bates, 2008)





Education and Learning



Volunteering



Spirituality



Arts and culture



Healthy lifestyle (physical activity + diet)



Mental health services
(clinical or community)



Family, friends and carers

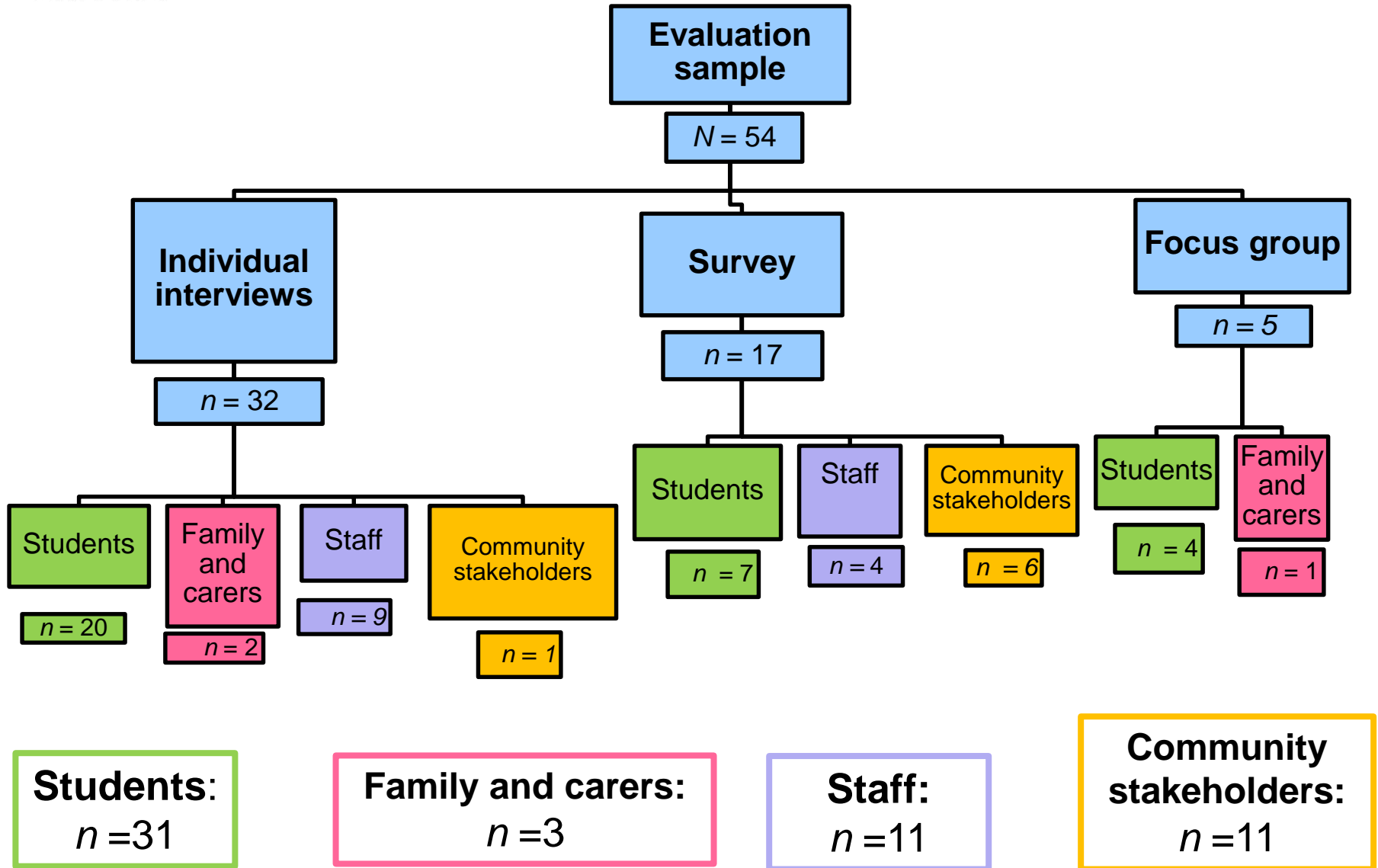


Employment





Methodology: Sample



Locations included in the evaluation

- **Cheltenham**

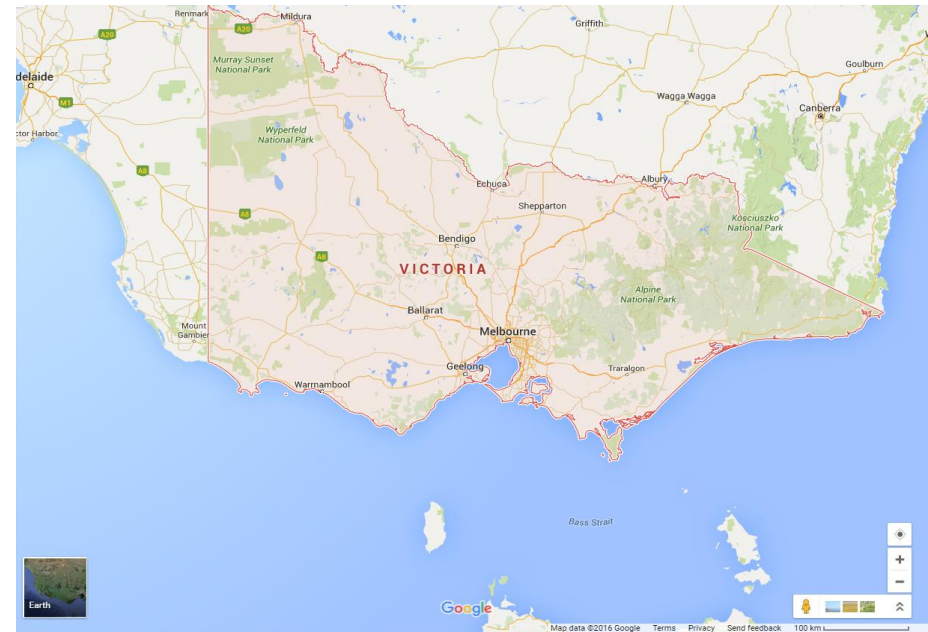
- Interviews: $n = 22$
- Survey: $n = 14$
- Focus group: $n = 5$
- Total:* **$N = 41$**

- **Wangaratta and Benalla**

- Interviews: $n = 10$
- Survey: $n = 1$
- Total* **$N = 11$**

- **Nunawading**

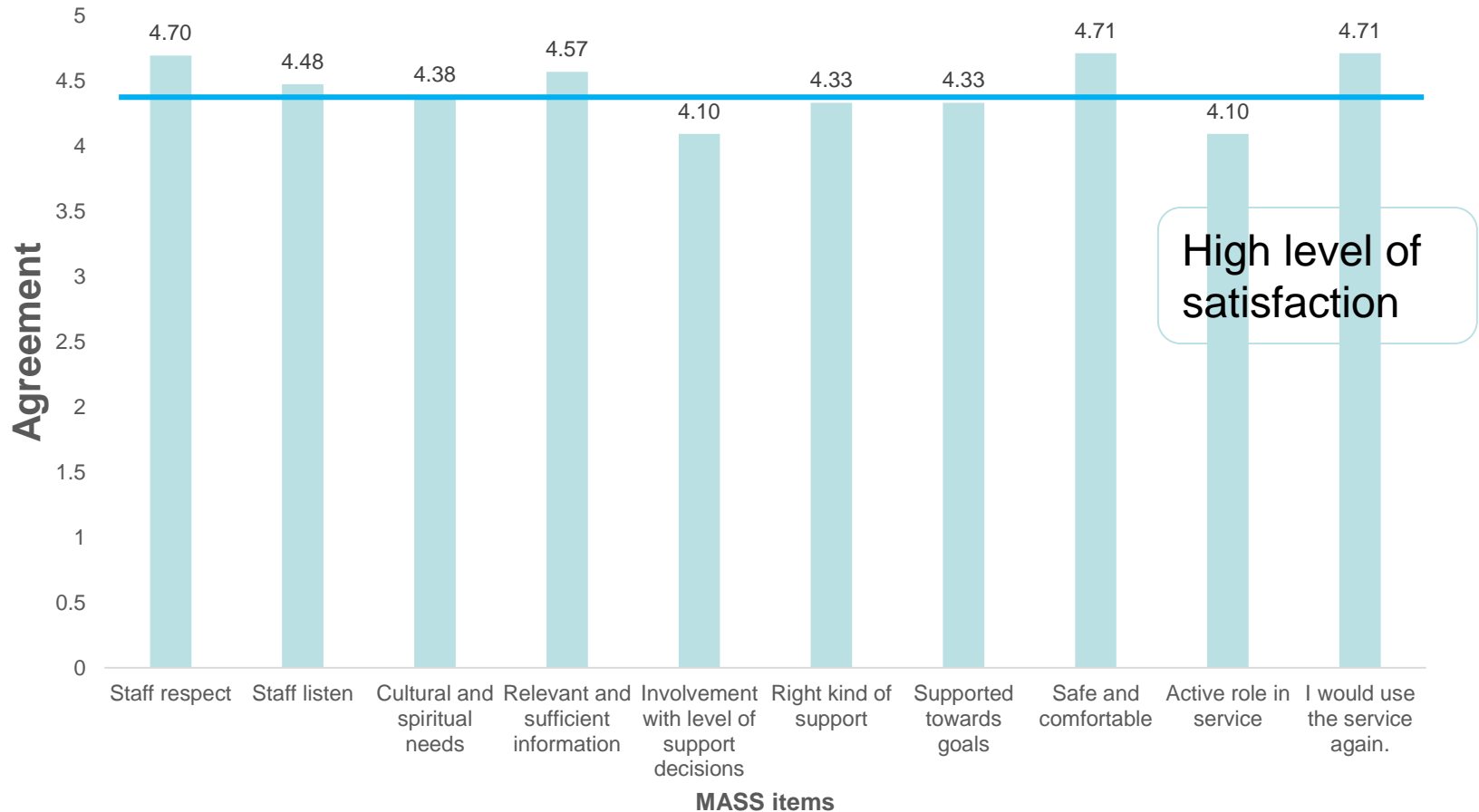
- Survey: $n = 2$
- Total* **$N = 2$**



Google maps



Mind Australia Satisfaction Survey (MASS)





Developing Recovery Enhancing Environments Measure (DREEM)





Qualitative interview themes



Preliminary Findings: Student Outcomes

Inclusion web themes

