

Co-production and co-delivery

- Goes well beyond consumer involvement.
- Promotes equal partnerships between service workers and those intended to benefit from their services
- Pools different kinds of knowledge and skill, and working together.



“ Co-production is not the same as consultation or the types of tokenistic participation of people who use services and their carers which does not result in meaningful power sharing and changes” (Needham, 2009).

Defining Co-production



Supporting mental health recovery

Designing and delivering public services in an equal and reciprocal relationship between professionals, people using services, their families and their neighbours. Where activities are co-produced in this way, both services and neighbourhoods become far more effective agents of change.

Identified need

- Student suggestion
- Mind initiative
- Other Recovery colleges

Develop workshop plan

- 3 parts
- Group discussion
- Post it notes
- Research

Understanding Self Harm Co-production

Participants

- Balance of participants
- 18 attended
- 8 health practitioners
- 8 lived experience
- 2 family

Feedback from participants

- Positive experience
- Learned a lot
- Empowering

Course Development

- Smaller group
- Mixture of experience
- Created 3 session course
- Course participant co-facilitated