



# Contributing to personal recovery through monitoring and evaluation

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“Hume PIR have taken a fresh approach to their local evaluation ..(focussing)..on concepts of discovery and dreaming and had real conversations with real people that have opened our eyes to the true impact of PIR.”

(John Donnelly, Local Evaluator)

# Monitoring and evaluation

Monitoring:

the regular observation and recording of activities taking place in a project or programme. It is a process of routinely gathering information on all aspects (and perspectives) of the project.

(Phil Bartle PhD)

Evaluation:

the making of a judgement about the ....  
value of something

(Oxford Dictionary)



“... able to live a meaningful and contributing life in a community of choice with or without the presence of mental health issues”.

National framework for recovery oriented mental health services : policy and theory



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**RECOVERY**



## What happened..

“Lived experience perspectives are central to developing recovery-oriented care...Participatory approaches acknowledge and draw on the lived experiences of people.”

*Kidd et al (2014, p2)*



“...the first act of power people can take in managing their own lives is ‘speaking the world’, naming their experiences in their own words under conditions where their stories are listened to and respected by others.”

*Friere & Macedo (in Labonte, Feather and Hills, 1999, p3).*



How “real” participation in evaluation  
can contribute to recovery.





## Useful references:

Ten seed technique - [rcpla.org/pdf%20download/Ten%20](http://rcpla.org/pdf%20download/Ten%20)

Appreciative enquiry - [newparadigm.co.uk/Appreciative.htm](http://newparadigm.co.uk/Appreciative.htm)

Donnelly, John. Maximising participation in international community-level project evaluation: A strength-based approach [online]. Evaluation Journal of Australasia, vol. 10, no. 2, 2010: 43-50.

Hume PIR - [humepir.org.au](http://humepir.org.au)

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