

Mental health improves  
with good **family** life

# Lots of services, but not the right support

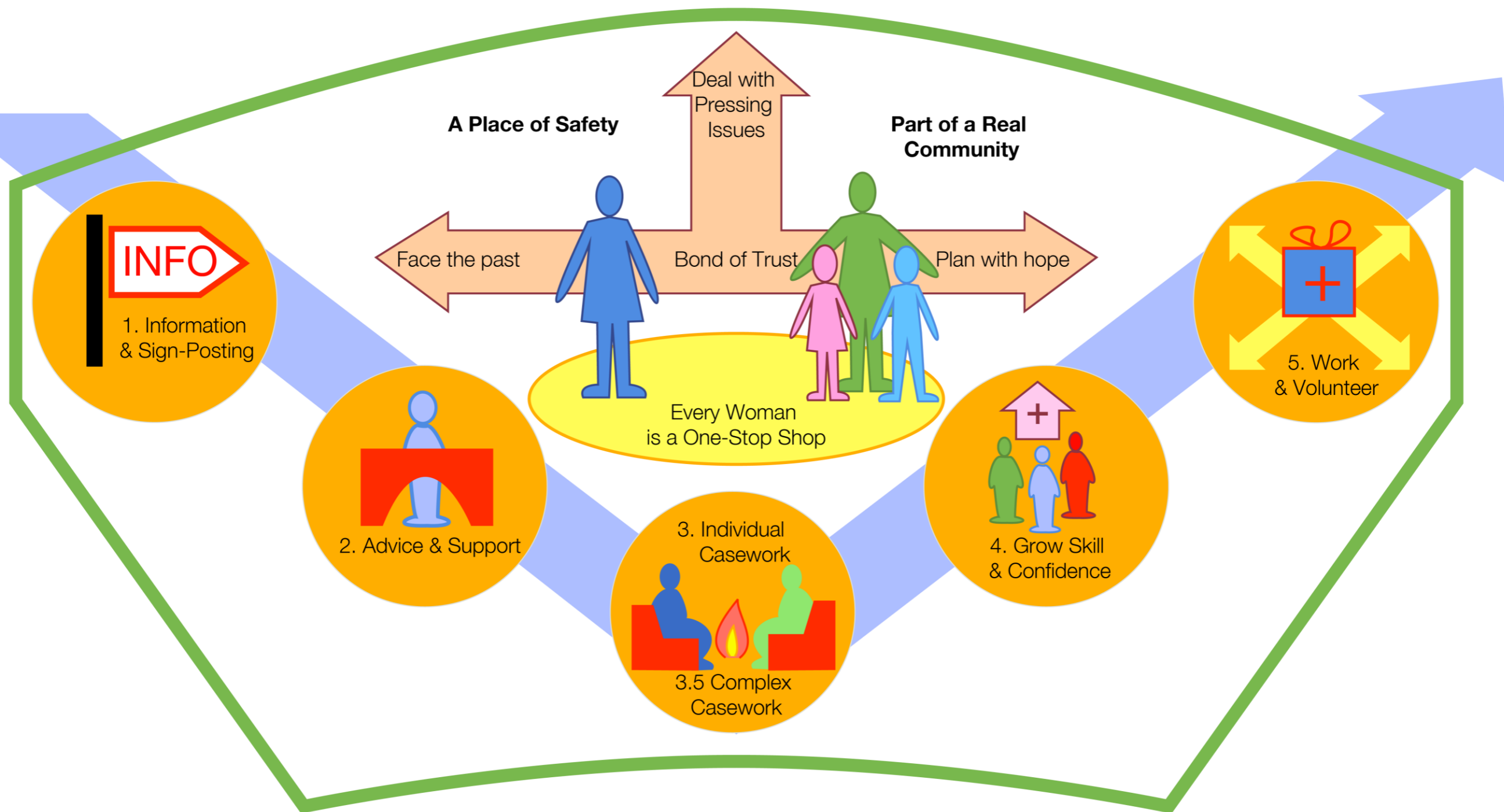






Managing a serious <b>health</b> condition	64%
Finding a safer <b>place</b> to live	27%
Living with childhood <b>abuse</b>	51%
Didn't finish their <b>education</b>	76%
Recent experience of <b>domestic violence</b>	85%
<b>Fractured family</b> (for those with young families)	66%
Children experienced <b>abuse</b> (for those with children)	55%
Living with a <b>severe</b> level of mental illness	55%
Living with some <b>mental illness</b>	91%
History of <b>drug or alcohol</b> misuse	52%
<b>Victim</b> of crime	41%
Perpetrator of <b>crimes</b>	39%
Worried by debt or lack of <b>money</b>	65%

# WomenCentre - a powerful and effective model to help women and families take control of their lives...



Find out more at <http://bit.ly/women-centre-book>

Service label	n	Urgent problem	n	Real need	n
Victim of domestic violence	55	Debt	50	Better self-esteem	64
Mentally ill	39	Housing	48	To overcome past trauma	54
Criminal	35	Benefits	46	To manage current trauma	51
Poor mother	33	Health	37	To stop being bullied	50
Misuses alcohol	24	Rent	32	Guidance	50
Uses drugs	22	Criminal justice Advocate	24	Relationship skills	45
Violent	19	Dentistry	8	Mothering skills	26
Chronic health condition	16	Others	3	Others	1