

# Youth Research Council



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**Front L-R:** Jia Wern Toh, Rikeisha Crook, Christine Abelmalek, Nicholas Fava, Alice Montague

# Youth Research Council



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## Members and Purpose

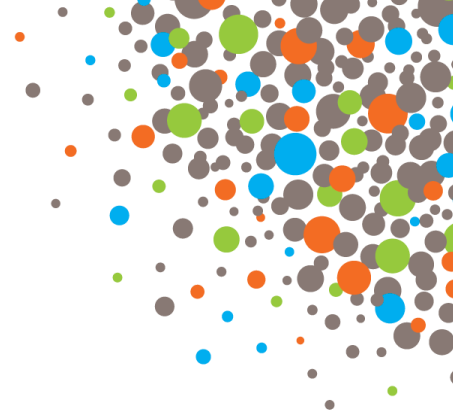
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- Eight young people with and without lived experience, including emerging researchers
- Gives young people a voice to influence the research agenda
- YRC provides strategic advice and support to the Research Division
  - Provide advice on how research projects are conducted to ensure greater accessibility
  - Be involved in discussions around areas of research, recruitment strategies and creative ways to disseminate research findings

# Research Review Committee

- 2 youth members (Tom & Rikki)
- Updating forms to ensure each project has involved some form of youth partnership
- Working towards youth sponsors

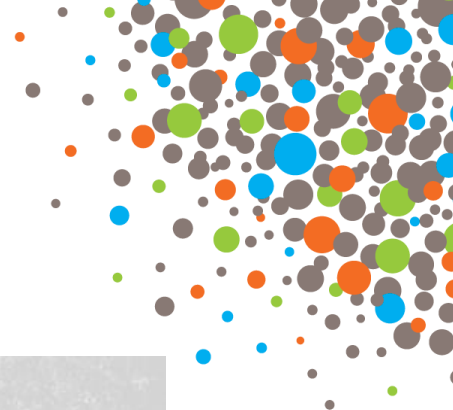
# YPIR Mini Conference 2016



# YPIR2016



# YPIR Toolkit



## How to partner with young people

Partnerships should be based on mutual respect, acknowledging the unique contribution that each person makes



- **have clear expectations**  
about what can and can't happen from the outset, and acknowledge when processes and outcomes may change
- **be flexible**  
about when and how young people can engage... offer a range of ways young people can participate (e.g. varying commitment levels) to maximise youth participation
- **value experience**  
including qualifications, lived experience and unique perspectives... recognise individual skills and interests and try to draw on and build on them
- **involve more than one young person**  
where possible and appropriate also aim for diverse representation so that partnerships can reach their full potential
- **mutual benefit**  
make sure the young person is benefiting too (e.g. learning new skill)
- **reimburse appropriately**  
depending on the nature and duration of the commitment
- **support involvement**  
different young people will require different support - involve young people because they are the right people, not because of convenience
- **avoid tokenism**  
don't develop something and then get young people to provide input when it is too late to make meaningful changes
- **provide resources**  
plan for youth involvement, and make sure both you and the young people have what you need to enjoy a successful partnership
- **provide feedback**  
let the young people know what changed as a result of their involvement and what you were able to achieve together

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in Youth Mental Health

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