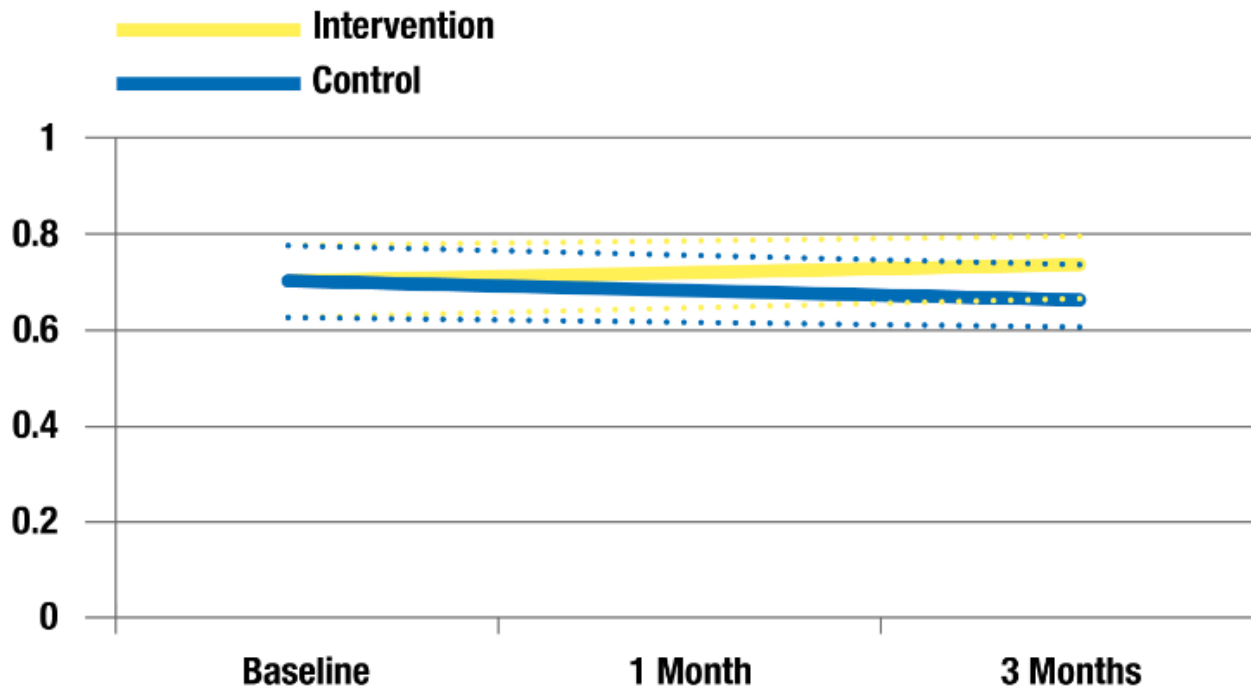


Randomised Controlled Trial

403 participants



Quality of Life over time

3 MONTHS IN...

- About **4,000 users** in Australia
Conversion from Step 02 to Step 04 is **80%**
- Average time spent on tool is **5.09 mins**
- Average number of symptoms is **10.08**
- **546** unique clicks through into recommended support services

TOP 5 Issues Selected

1. I'm feeling stressed, anxious, worried or down
1525
2. I'm having problems with people close to me
401
3. I'm worried about my drug and/or alcohol use
315
4. I'm stressed about body image, eating or exercise
277
5. I'm thinking about ending my life
198

Challenges + lessons

- Meeting the needs of young people, service providers and academics
- Data means business
- Rapid in a slow lane
- One size doesn't fit all
- Reaching the hard to reach

Be where I am

services.unimelb.edu.au/health

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Health Service

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Health Service · Health Service homepage

The University of Melbourne Health Service provides health care for both local and international students, staff and their dependents. This web site is not intended to replace a face-to-face consultation with a medical professional, nor does this service provide e-mail access to medical professionals.




Health Service Announcements

- 26 Jun 2014 - Fees Increase
- Read more...

Require Dental Service?

Melbourne Dental Clinic (MDC) is a new comprehensive not-for-profit dental centre.

[More information...](#)



NextStep Emergency Help

Are you 18-25 and going through a tough time?

You're not alone. ReachOut NextStep will recommend the best support options for you.

1 Select what you're feeling 2 Choose what to work on 3 Personalise your response 4 Explore your options

Watch how it works

FQA's Privacy

Items selected 4/11

What's going on?

Choose as many as you like.

Not sure? Go straight to general support >

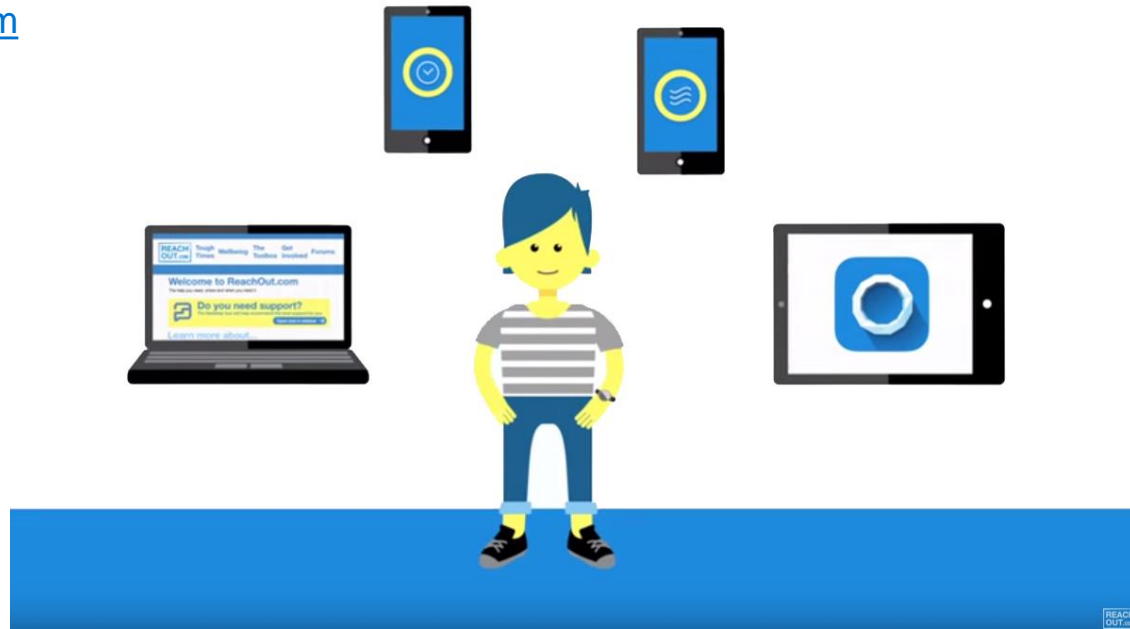
- My friends (or family) are worried about my drug and alcohol use +
- I'm treated badly by my family +
- It burns when I pee +
- I'm treated badly by my partner +
- I'm worried myself or my partner might be pregnant +
- I hurt or injure myself on purpose +
- I feel like I'm a burden to others +
- I'm treated badly by my family +
- It burns when I pee +
- I'm treated badly by my partner +
- I'm worried myself or my partner might be pregnant +
- I hurt or injure myself on purpose +

THANKS!

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