

Eastern Peer Support Network

Co-design Model



What we asked...

- What discussion topics would you like?
- What skills do you want to build?
- What speakers would you like to hear?
- Which services would you like to learn more about?
- How can the Eastern Peer Support Network assist you?



Discussion Topics

Stigma

Training

Employment

Networking

Regional Service Information

Self care

Systemic Change

Skills

Speakers



Some of the things we heard...

“What Peer Support Worker roles are available?”

“What funding and training is available?”

“Is there a regional plan for workforce development?”

“How can the relationship between Peer Workers & clinical professionals be fostered in meaningful ways?”

“How do Peer Support Workers educate other staff?”

“How do I get noticed for peer support roles?”

“How do I access peer to peer supervision?”

“How do I establish and maintain professional Peer boundaries?”

“Getting back into the workforce: how do I managing studies and illness to become employable?”

“...challenges of lived experience and implementing self-care approaches”.



Eastern Peer Support Network Program

Time	Topic
10am	Introductions
10.20am	Service Presentation
11am	Morning tea - networking
11.30am	Peer Presentation
12noon	Catered Lunch - networking
12.30pm	Workforce Development
2.30pm	Close

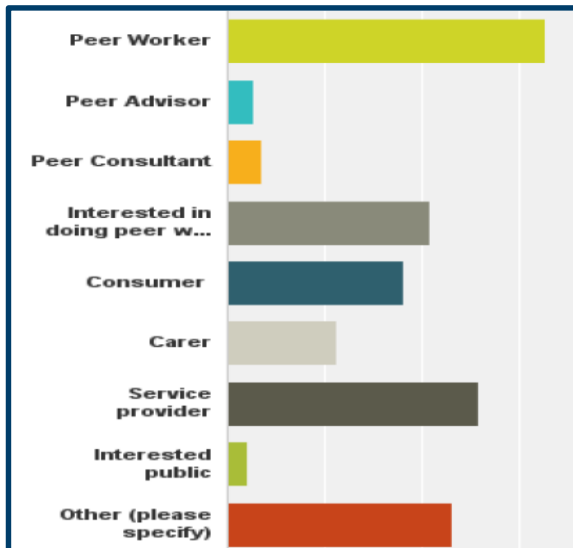




THE PEER EFFECT

How to make your lived experience count!

Brought to you by the Eastern Dual Diagnosis Consumer & Carer Advisory Council, the Eastern Peer Support Network and VMIAC.



Outcomes

What did we achieve?

Average of 40 attendee at each meeting

Capacity Building of peer work force through MI training

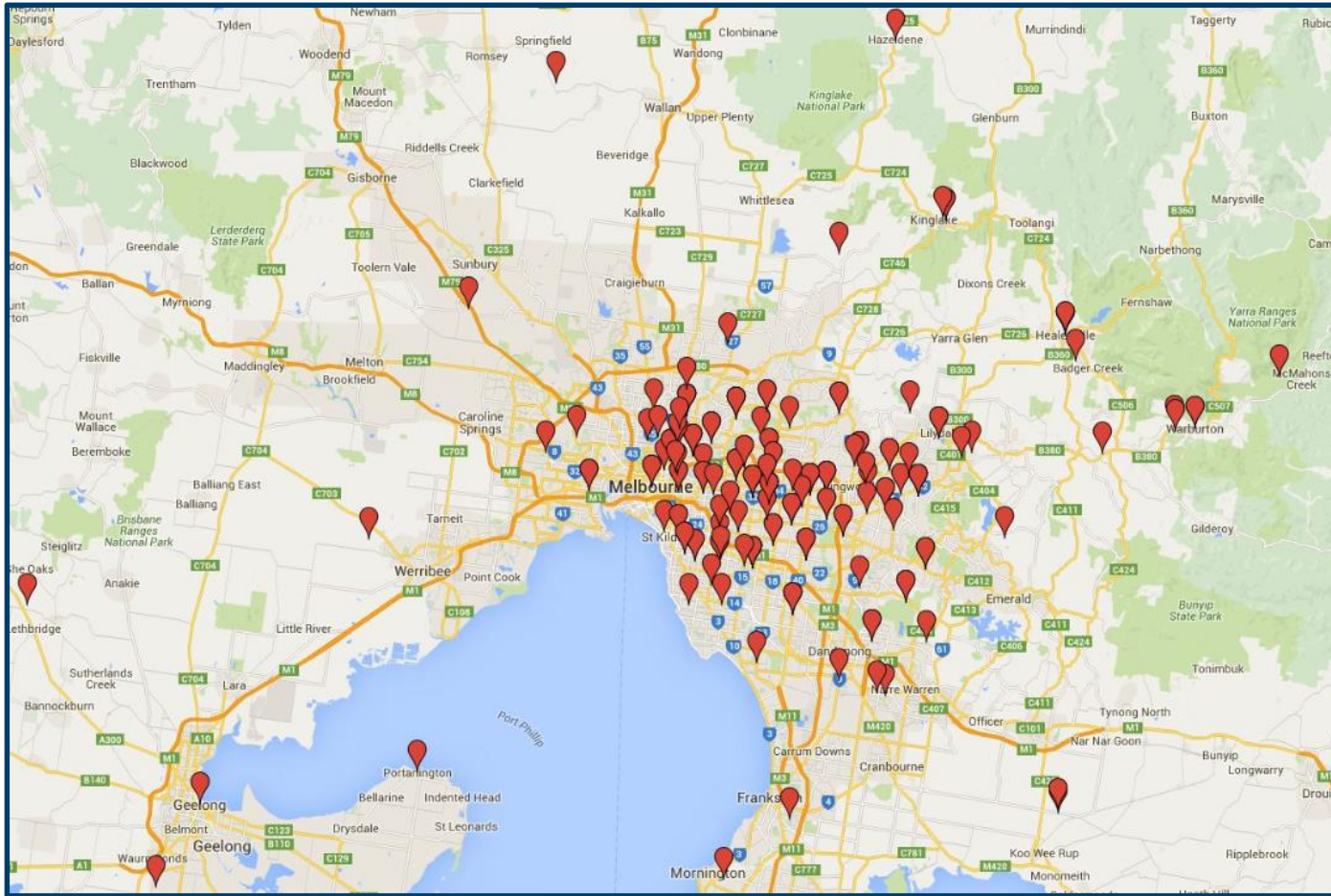
Service presentation from all main MH orgs across region

Peer Effect forum attract over 120 attendees

Reach well beyond the Eastern Region



Reach



Learnings

Having EMSCHA as a partner gave the network credibility and established links to organisations in the region

Having Funding for the network allowed it to establish quickly and expand

Workforce development opportunities are required to support the emerging peer workforce

Some organisations perceiving no need for a local peer network.

Employed Peer Workforce not being able to attend in work time and/or not made aware of network by organisations

Developing pathways for future the Peer Workforce is needed within the sector



Recommendations

A funded, collaborative, co-designed regional approach is required in-order to support the development of the emerging peer workforce

A funded, Statewide Peer Leadership Group / NFP Organisation is required to support co-design

Collaboration

Partnerships

Co-design

Funding





Peer to Peer: A pathway to social change...